

Q

How do I know if a full facelift or a mini-facelift is right for me?

A

When you look at yourself in the mirror you need to decide what you would like to change and what your goals for surgery would be and how much down time you have available. A mini-facelift is designed to be done under local anesthesia, pulls up the jowl regions and “marionette lines”, minimizes the length of the incision and allows a person to return to work the next day in most cases. It does NOT directly improve the neck and area under the chin, minimally affects the cheekbone region and may not last as long as a facelift (3-5 years as opposed to 5-10 years). A facelift is more extensive, requires deeper anesthesia in most cases, will usually require about a week away from work and has more extensive incisions. However, it will improve the neck and lift the cheekbone area. If your goals include only improvement of the neck, then a neck lift alone may be an alternative. Most patients are usually concerned with only the jowl areas and want their chin line restored. If that is all you want then a mini-facelift should work well. If you also want a neck improvement, then a facelift is a better choice.

Aesthetic Surgery of Virginia

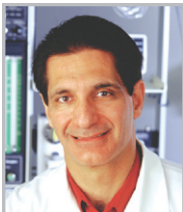
3505 Brambleton Ave., SW., Roanoke • (540) 776-1600

WWW.SILBERBLATT.COM

Enrique A. Silberblatt, MD, FACS

Certified, American Board of Plastic Surgery

Member, American Society for Aesthetic Plastic Surgery



Enrique A. Silberblatt
*Certified, American Board of
Plastic Surgery*