

Q

How do I know whether a breast augmentation or a breast lift is the right procedure for me?

A

If you are happy with the current volume of your breasts (i.e. - they fill your bra the way you want them to) but are unhappy that most of the tissue is too low when you remove your bra, then a breast lift is the better procedure for you. If your breasts do not fill your bra the way you would like and you need padding to fill the cup, then you should have an augmentation. Many women who have had children and breast-fed find that there are both too much skin and too little volume in their breasts. The best procedure to correct this is a combination of a lift and an augmentation.

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